



Subject PSHE	PHSE Curriculum Overview 2022-24					
Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
7	<b>Healthy lifestyles</b> First aid and personal safety	<b>Healthy lifestyles</b> Keeping active:	<b>Relationships</b> Respect and anti-bullying:	<b>Relationships</b> Staying safe:	<b>Healthy lifestyle</b> Substances: risks and effects of drugs	<b>Careers:</b> Financial decision making
8	<b>Healthy lifestyles</b> First aid and personal safety	<b>Healthy lifestyles</b> Keeping active:	<b>Relationships</b> Respect and bullying:	<b>Relationships</b> Staying safe:	<b>Healthy lifestyle</b> <b>Substances:</b>	<b>Careers:</b> <b>Financial decision making.</b>
9	<b>Health &amp; wellbeing</b> <b>Mental health and wellbeing:</b>	<b>Health &amp; wellbeing</b> <b>Peer influence, substance use and gangs</b>	<b>Relationships</b> <b>Respectful relationships</b>	<b>Relationships:</b> <b>Stereotypes and expectations of gender roles,</b>	<b>Employability skills</b> Employability and online presence Financial decision making / employability	<b>Digital literacy</b> Online safety, digital literacy, media reliability, and gambling hooks
10	<b>Work experience</b> <b>Transition</b> to key stage 4 including CV's	<b>Financial decision making</b>	<b>Healthy relationships</b> <b>diversity, risk management and support- seeking</b>	<b>Intimate relationships</b>	<b>Mental health</b> and ill health. Drugs and alcohol	<b>Exploring influence</b> <b>Developing agency and decision making.</b>



Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
11	<b>Health &amp; Wellbeing</b> Health and safety in independent contexts	<b>Health &amp; Wellbeing</b> <b>Promoting self-esteem and coping with stress</b>	<b>Relationships</b> <b>Families including FGM, exploitation</b>	<b>Relationships</b> <b>Communication in relationships</b>	<b>Careers</b> <b>Preparing for adulthood</b>  <b>Support networks</b>	<b>Managing Money &amp; Planning for the Future</b>  <b>Role of Law &amp; Justice System</b>
Pre Voc	<b>Health and Wellbeing</b> <b>Self-concept</b>  <b>Mental health and emotional wellbeing</b>  <b>Healthy lifestyles</b>	<b>Health and Wellbeing</b> Managing risk and personal safety  <b>Sexual health</b>  <b>Drugs, Alcohol and Tobacco</b>	<b>Relationships and Sex</b> <b>Relationship values</b>  <b>Forming and maintaining respectful relationships /Consent</b>	<b>Relationships and Sex</b> <b>Contraception and parenthood</b>  <b>Bullying, abuse and discrimination</b>	<b>Living in the Wider World</b> <ul style="list-style-type: none"> <li>• Choices and pathways/ support networks</li> </ul> <b>Work and career</b> <ul style="list-style-type: none"> <li>• Employment rights and responsibilities</li> </ul>	<b>Living in the Wider World</b>  <b>Financial choices</b>  <b>Media literacy and digital resilience</b>
Skills for Life	<b>First aid and personal safety,</b>  <b>Safety and first aid</b>	<b>Keeping active:</b> Benefits of a balanced lifestyle	<b>Relationships</b> <b>Respect and bullying:</b>	<b>Relationships</b> <b>Staying safe:</b> Privacy and personal	<b>Healthy lifestyle</b> <b>Substances:</b> Drugs common	<b>Careers:</b>